

		conducted	participated	ng/ Seminar	an
4.	Free medical camp on life style diseases: NSS unit organized a free medical camp on lifestyle diseases. Specialist doctors from various departments were invited and free consultation,lab services, medicine distribution, referral services were arranged. Total 282 patients attended the camp.	30/07/15	60		9
	World Diabetes Day Observance: World Diabetic day was observed on Nov 14, 2015 by NSS unit of MIMS CON. An awareness programme on Diabetes was conducted at puthukode. A screening programme to detect the Diabetes also conducted on the day. Many patients were detected with Diabetes and referred for further medical care.	14/11/15	60		7
	AIDS Day Observance : World AIDS Day was observed on Dec 1st, 2015 by NSS volunteers by conducting street play to stop discrimination on PLHIV. Dr. Assuma Beevi T.M, Principal MIMSCON inaugurated the function. The volunteers gave the message to reduce stigma against HIV clients and to control and prevent HIV/AIDS. After the street play the students performed a rally at Karad circle by holding messages to prevent the spread of AIDS.	01/12/15	60		6
5.	Swachh Bharat Mission: NSS volunteers cleaned the entire campus and kept the premises neat and tidy.	09/01/16	55		8
6.	Orientation Class: The NSS unit conducted orientation programme	04/02/16 -	50	20	

	to newly joined NSS volunteers. NSS programme officer Dr.Assuma Beevi TM gave a brief idea about different activities of the NSS unit. The orientation program included discussions and field visit. Plantation of trees were also done.	06/02/16			
7.	Swachh Bharat Mission : As a part of Swachh Bharat Mission, NSS volunteers of MIMS College of Nursing conducted cleaning programme at Govt. Mental Health Center, Kuthiravattom, Calicut. Volunteers cleaned general wards and hospital premises. Volunteers also trained the patients in making broomstick as a part of vocational training.	29/02/16	64		8
8.	Self Defence Workshop by Kerala Police cell : NSS MIMS CON unit organized ‘ Self defence workshop’ by Kerala Police women’s cell, Calicut. They demonstrated the various techniques of self defence.	05/03/16	100	6	
9.	Health education campaign : NSS volunteers conducted health education campaign against different diseases. The health education topics were selected according to the need of the community. Health education programs were conducted at different areas of Vazhayoor Panchayat, Malappuram District on different occasions. Various audio visual aids were used in the programme. All prevalent diseases were covered in the campaign and it provided an in-depth knowledge on various diseases and helped in preventing various diseases in the area.	01/01/16 to 31/01/16	60	50	

REPORT OF SPECIAL CAMP

Date on which the activity conducted : 20/05/15 to 30/05/15

Number of NSS volunteers participated : 60

Total hours of the programme : 70

NSS unit of MIMS College of Nursing conducted a health need assessment survey in 8th and 9th ward of Vazhayoor Panchayat, Malappuram District. The need assessment survey was conducted for 10 days followed by a free health camp on 30/05/15. There were 548 houses in these wards with a population of 2578 (284 in ward 8 and 264 in ward 9). The important aspects like socio economic status, religion, water supply, sanitation, nutritional pattern, health hazards, vital events, family planning and the use of public resources such as hospitals, schools, modes of communication and transportation were surveyed. The main focus of survey was on non communicable diseases.

Ward wise statistics of non communicable disease cases identified

Ward No.	Hypertension	Type 2 Diabetes	Cardiac disorders	Cancer	Asthma / Respiratory diseases
8	10	92	20	11	22
9	104	64	16	16	17

Other cases found were renal problems (10) , Allergic dermatitis (18).

In view of above findings, a free health camp was organized on 30/05/15 at Allungal (Ward 9) which was accessible for people from both wards. The camp was inaugurated by Adv. Ramanan Master, The vazhayur Panchayat President and felicitated by Mr.Bagyanath, Ward member. Total 165 patients attended the camp. Three doctors of Medicine department of MIMS hospital examined the patients and given medicines. NSS volunteers collected sample medicines and also bought generic medicines which helped to distribute medicine at free of cost. Total 64 cases were referred for further medical care. Along with health camp, health exhibition also conducted on the camp day. Different varieties of audio visual aids were exhibited regarding

various health problems in India, i.e, Communicable and non communicable diseases, nutritional problems, population related problems and environment related problems.